



ALLORAH'S INSIGHTS

March 1, 2009

"When I despair, I remember that all through history the way of truth and love have always won. There have been tyrants, and murderers, and for a time they can seem invincible, but in the end they always fall. Think of it-- always."

-- Mohandas Gandhi

My original intention, for this week's article was a chat about timing. Then of course something else presented itself... The quote above is a brilliant answer to the issue at hand and the issue at hand was eloquently expressed by Gandhi with the following statement "poverty is the worst form of violence."

I've been thinking about the intense fear surrounding the current global economic state and wondering how I might do my part to help transmute that fear. The quote about truth and love really fills the bill because it reminds us that life is a cyclical process. Allow yourself to be one with the way of truth and love. The growth cycle of expansion and restriction are always in effect. Cyclical is the natural order of life. Having moved away from an agricultural lifestyle, it is easy to forget that. In the times when we farmed as a way of life, our daily life reminded us to be mindful. As we've moved away from nature and into our ability to "manipulate the natural order" to create the things that we used to rely on Mother Earth for, we've become jaded into believing that we control the flow of life. I assure you, we control nothing.

I believe that Gandhi's statement on poverty was about the deep harm stemming from forced deprivation in all forms. The money aspect of poverty tends to be the method through which deprivation occurs rather than the point. The purpose of imposed poverty and imposed poverty consciousness is to keep those imposed down. We've lost sight of that too. Deprivation begets desperate. If our basic needs go un-met too severely, we are more likely to focus on our survival rather than our growth. When our most basic needs are denied to us by force, we wither or we lash out at the injustice or lash into ourselves.

I bring this up because we are in a cycle of restriction and it is largely of our own making. Where is your focus and more critically, who or what influences that focus? It is wise to be aware of what goes on in the world around us. However, it is not wise to be so hypnotized by that information that we let others think for us or dictate what we think and feel. That said, I leave you with the quote I started with in this piece. When you despair, focus your attention on the way of truth and love and watch your divine connection come online to lift you up and carry you through. In this way, it becomes possible to suffer less because you are blessed more...

The choice is yours.

Namaste,
Allorah